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Cougars Athletic Association

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*Be Brave, Fast and Strong like a Cougar*

Founded 1999

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

### Cougars Cross Country 2019 20 July 2019, Saturday Bedok Reservoir Results

#### U10 Boys – 800m

*(Championship Record Holder: Aaron Sng, FlexiFitness Consultancy, 4.53mins)*

| Position        | Name                    | School/Club              | Number Tag | Timing  |
|-----------------|-------------------------|--------------------------|------------|---------|
| 1 <sup>st</sup> | Sng Zhe Kai*            | Individual               | 003        | 3.52.21 |
| 2 <sup>nd</sup> | Anishram<br>Karthikeyan | FlexiFitness Consultancy | 002        | 3.52.89 |
| 3 <sup>rd</sup> | Lim Yao Yi, Jayden      | FlexiFitness Consultancy | 001        | 3.59.37 |

*\*New Championship Record Holder*

#### U10 Girls – 800m

*(Championship Record Holde: Sophie Caldeira, FlexiFitness Consultancy, 3.25mins)*

| Position        | Name                   | School/Club              | Number Tag | Timing  |
|-----------------|------------------------|--------------------------|------------|---------|
| 1 <sup>st</sup> | Sng Ying Shuen*        | Alexandra Primary School | 900        | 3.25.53 |
| 2 <sup>nd</sup> | Tay Rui Qin Felicia    | Individual               | 904        | 3.45.82 |
| 3 <sup>rd</sup> | Vasudevan<br>Vasundara | FlexiFitness Consultancy | 905        | 5.45.96 |

*\*Equaled Championship Record Holder's Timing*

#### U12 Boys – 1.6km

*(Championship Record Holder: Jonathan Goh, FlexiFitness Consultancy, 6.06mins)*

| Position        | Name                             | School/Club              | Number Tag | Timing |
|-----------------|----------------------------------|--------------------------|------------|--------|
| 1 <sup>st</sup> | Muhammad Akid*<br>Muhammad Najib | Individual               | 111        | 6.04   |
| 2 <sup>nd</sup> | Oliver Tan                       | FlexiFitness Consultancy | 112        | 7.33   |

*\*New Championship Record Holder*

#### U12 Girls – 1.6km

*(Championship Record Holder: Laavinia Jaiganth, FlexiFitness Consultancy, 6.19mins)*

| Position        | Name                | School/Club              | Number Tag | Timing |
|-----------------|---------------------|--------------------------|------------|--------|
| 1 <sup>st</sup> | B Dhanya Mikayla    | FlexiFitness Consultancy | 209        | 6.25   |
| 2 <sup>nd</sup> | Vasudevan Vyjayanti | FlexiFitness Consultancy | 208        | 6.49   |



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## U14 Boys – 4.3km

*(Championship Record Holder: Tay Dian Jun Edward, Individual, 17.45.90mins)*

| Position        | Name                       | School/Club              | Number Tag | Timing   |
|-----------------|----------------------------|--------------------------|------------|----------|
| 1 <sup>st</sup> | Tay Dian Jun Edward        | Individual               | 310        | 18.01.11 |
| 2 <sup>nd</sup> | Lieu Cea Jay Dylan         | Team Runfanatics         | 320        | 19.07.22 |
| 3 <sup>rd</sup> | Wong Yu Cheng Jovan        | Gan Eng Seng School      | 315        | 19.07.82 |
| 4 <sup>th</sup> | Ho Sung Lok Aden           | Gan Eng Seng School      | 316        | 19.48.61 |
| 5 <sup>th</sup> | Krishnaa Varsshan          | Gan Eng Seng School      | 317        | 20.22.89 |
| 6 <sup>th</sup> | Dylan Matteo Gopal Suppiah | FlexiFitness Consultancy | 318        | 21.16.42 |
| 7 <sup>th</sup> | Akhilesh Karthikeyan       | FlexiFitness Consultancy | 319        | 30.53.15 |

## U14 Girls – 3.6km

*(Championship Record Holder: Hana Cheng, St. Margaret's Secondary School, 17.03.72mins)*

| Position         | Name                 | School/Club            | Number Tag | Timing   |
|------------------|----------------------|------------------------|------------|----------|
| 1 <sup>st</sup>  | Eunice Chin Ee Teng  | Nanyang Girls High Sch | 455        | 17.05.71 |
| 2 <sup>nd</sup>  | Tricia Sim Jia Xuan  | Nanyang Girls High Sch | 459        | 17.29.86 |
| 3 <sup>rd</sup>  | Goh Sze Yen Hazel    | Gan Eng Seng School    | 461        | 17.30.77 |
| 4 <sup>th</sup>  | Qiu Yilin Elim       | Nanyang Girls High Sch | 454        | 17.33.53 |
| 5 <sup>th</sup>  | Esther Tay Shee Wei  | Nanyang Girls High Sch | 457        | 17.53.31 |
| 6 <sup>th</sup>  | Wu Pei Ling          | Nanyang Girls High Sch | 458        | 18.46.52 |
| 7 <sup>th</sup>  | NM Haripriya         | Gan Eng Seng School    | 460        | 19.18.81 |
| 8 <sup>th</sup>  | Quek Nin Man, Sandra | Paya Lebar MGS         | 444        | 19.35.79 |
| 9 <sup>th</sup>  | Yang Qixuan April    | Nanyang Girls High Sch | 456        | 20.03.88 |
| 10 <sup>th</sup> | Low Meixuan Shantel  | Paya Lebar MGS         | 448        | 20.56.38 |



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### U20 Boys 4.3km

*(Championship Record Holder: Ruben s/o Loganathan, Individual, 14.51mins)*

| Position         | Name                                  | School/Club         | Number Tag | Timing   |
|------------------|---------------------------------------|---------------------|------------|----------|
| 1 <sup>st</sup>  | Selvanther Sivarajan<br>s/o Sivakumar | Temasek Polytechnic | 573        | 15.22.10 |
| 2 <sup>nd</sup>  | Ruben s/o<br>Loganathan               | Individual          | 569        | 15.27.63 |
| 3 <sup>rd</sup>  | Tan Jiahao                            | Temasek Polytechnic | 587        | 15.48.85 |
| 4 <sup>th</sup>  | Dylan Lim Jun Wei                     | Team Runfanatics    | 589        | 16.17.84 |
| 5 <sup>th</sup>  | Bryan Ong Ren<br>Hean                 | Team Runfanatics    | 591        | 16.22.79 |
| 6 <sup>th</sup>  | Ko Wen Qiang<br>Keane                 | Team Runfanatics    | 592        | 16.36.61 |
| 7 <sup>th</sup>  | Ong Jing Jie Derrick                  | Temasek Polytechnic | 580        | 17.18.84 |
| 8 <sup>th</sup>  | Muhd Hasanuddin<br>bin Mohd Hanafiah  | Gan Eng Seng School | 571        | 17.47.63 |
| 9 <sup>th</sup>  | Prajawal Loktam                       | Temasek Polytechnic | 572        | 18.06.82 |
| 10 <sup>th</sup> | Fabian Ng Yu Siang                    | Temasek Polytechnic | 585        | 18.36.73 |

### U20 Girls – 4.3km

*(Championship Record Holder: Tan Mariviv, FlexiFitness Consultancy,  
17.53mins)*

| Position        | Name                         | School/Club            | Number Tag | Timing   |
|-----------------|------------------------------|------------------------|------------|----------|
| 1 <sup>st</sup> | Koh Jia Xuan                 | Team Runfanatics       | 609        | 18.41.42 |
| 2 <sup>nd</sup> | Koh Wen Min                  | Team Runfanatics       | 610        | 20.38.77 |
| 3 <sup>rd</sup> | Regin Ng Zhi Xin             | Temasek Polytechnic    | 607        | 21.55.65 |
| 4 <sup>th</sup> | Heng Ann Xin                 | Nanyang Girls High Sch | 604        | 21.56.49 |
| 5 <sup>th</sup> | Toh Yii Ying                 | Temasek Polytechnic    | 608        | 22.07.93 |
| 6 <sup>th</sup> | Cheryl Soh Huixin            | Nanyang Girls High Sch | 600        | 23.13.67 |
| 7 <sup>th</sup> | Judith Evangeline<br>Lee Xin | Nanyang Girls High Sch | 602        | 23.33.04 |
| 8 <sup>th</sup> | Alexia Song Xiaomei          | Nanyang Girls High Sch | 601        | 23.47.96 |
| 9 <sup>th</sup> | Loh Wan Jun                  | Temasek Polytechnic    | 606        | 23.57.34 |



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### Men's Open – 8.6km

*(Championship Record Holder: Ang Xinyao Desmond, Wings Athletics Club, 32.52mins)*

| Position        | Name                                     | School/Club                  | Number Tag | Timing |
|-----------------|--|------------------------------|------------|--------|
| 1 <sup>st</sup> | M. Rameshon                              | FlexiFitness Consultancy     | 733        | 36.40  |
| 2 <sup>nd</sup> | Tou Nien Xiang                           | Cougars Athletic Association | 738        | 37.12  |
| 3 <sup>rd</sup> | Adriano Ambrosi                          | Cougars Athletic Association | 731        | 38.24  |
| 4 <sup>th</sup> | Muhammad Syafiq<br>Bin Mohammed<br>Faruq | Individual                   | 732        | 38.53  |
| 5 <sup>th</sup> | Mohammad<br>Mustaqim B Jumali            | Temasek Polytechnic          | 736        | 50.25  |

### Women's Open – 8.6km

*(Championship Record Holder: Vanja Cnops, F1 Runners, 34.11mins)*

| Position        | Name        | School/Club                  | Number Tag | Timing |
|-----------------|-------------|------------------------------|------------|--------|
| 1 <sup>st</sup> | Ng Yew Cheo | Cougars Athletic Association | 812        | 39.47  |
| 2 <sup>nd</sup> | Darine Choo | Cougars Athletic Association | 811        | 45.59  |