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Cougars Athletic Association

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Be Brave, Fast and Strong like a Cougar

Founded 1999

Website: www.cougarsaa.com
Email: cougaraa1999@gmail.com

Cougars Cross Country 2023 22 July 2023, Saturday Passionwave, Bedok Reservoir Results

U12 Boys – 1.6km

**Championship Record Holder: Muhammad Akid Muhammad Najib, Individual,
6.04mins, 2019**

Cougars' Member Record Holder: Daniel Loh, 8.30mins, 2023

Position	Name	School/Club	Number Tag	Timing
1 st	Jake Seah	Individual	117	6.35
2 nd	Isaac Ng Keng Yap	Club Zoom	115	7.17
3 rd	Daniel Loh	Cougars Athletic Association	116	8.30

U12 Girls – 1.6km

**Championship Record Holder: Laavinia Jaiganth, FlexiFitness Consultancy,
6.19mins, 2018**

Cougars' Member Record Holder: Low Jia Yan Paige, 8.52mins, 2023

Position	Name	School/Club	Number Tag	Timing
1 st	Nur Isabella Schiering	B2TW	210	6.49
2 nd	Low Jia Yan Paige	Cougars Athletic Association	211	8.52
3 rd	Andrea Loh	Cougars Athletic Association	212	8.53



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U14 Boys – 4.3km

Championship Record Holder: Tay Dian Jun Edward, Individual, 17.45.90mins, 2018

Position	Name	School/Club	Number Tag	Timing
1 st	Kayden Fang	Individual	325	19.39.84
2 nd	Teo Kuan Tri	Gan Eng Seng School	321	19.55.30
3 rd	Chong Kai Ze	Northbrooks Secondary School	330	20.17.34
4 th	Muhammad Shakir	Gan Eng Seng School	323	20.34.66
5 th	Wang Jieyao Ethan	Gan Eng Seng School	322	21.23.65
6 th	Ethan Lim Guan Xun	Northbrooks Secondary School	329	21.40.20
7 th	Max Fun Jern Ho	Northbrooks Secondary School	327	21.40.74
8 th	Daryen Ko	Individual	324	21.59.02
9 th	Dean Ng	Northbrooks Secondary School	328	23.17.95

U14 Girls – 3.6km

Championship Record Holder: Hana Cheng, St. Margaret's Secondary School, 17.03.72mins, 2018

Cougars' Member Record Holder: Abigail Wong Sze En, 19.23.37mins, 2023

Position	Name	School/Club	Number Tag	Timing
1 st	Zhang Bowen Kellie	Nanyang Girls High Sch	468	17.32.99
2 nd	Lim Yi Xuan	Gan Eng Seng School	462	17.33.32
3 rd	Sun Lanning	Nanyang Girls High Sch	466	17.35.95
4 th	Chua Ren Hui Luanne	Nanyang Girls High Sch	469	17.38.02
5 th	Siew Wen Wen	Nanyang Girls High Sch	465	17.42.48
6 th	Peh Wei Ru Shevaun	Nanyang Girls High Sch	467	18.04.64
7 th	Abigail Wong Sze En	Paya Lebar MGS	475	19.23.37
8 th	Cherish Leong Ci En	Gan Eng Seng	463	19.53.90
9 th	Tess Yuen Shu Ling	Paya Lebar MGS	474	21.22.82
10 th	Siah Xihan Megan	Paya Lebar MGS	471	21.35.09



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U20 Boys 4.3km

Championship Record Holder: Ruben s/o Loganathan, Individual, 14.51mins, 2018

Position	Name	School/Club	Number Tag	Timing
1 st	Chua Jing Lun Jerron	Bin Qi Ling	596	14.56
2 nd	Wong Yi Yong Gideon	Trackstar Athletics	501	15.06
3 rd	Tan Jie Cong Jayden	Trackstar Athletics	505	15.29
4 th	Tan Yong En Isaac	Trackstar Athletics	502	15.39
5 th	Gautam Kulandaiveludayar Senthilkumar	Trackstar Athletics	503	15.42
6 th	Muhammad Safwan Bin Mohamed Salim	Trackstar Athletics	508	16.06
7 th	Muhammad Akid Muhammad Najib	Individual	510	16.26
8 th	Yap Yau An Shaun	Trackstar Athletics	507	16.43
9 th	Koh Sim Yong	Bin Qi Ling	514	16.57
10 th	Reyaan Percy Muncherji	Trackstar Athletics	506	17.59

U20 Girls – 4.3km

***New Championship Record Holder: Clara Chua, Individual, 17.11mins, 2023**

Previous Championship Record Holder: Tan Mariviv, FlexiFitness Consultancy, 17.53mins, 2018

Position	Name	School/Club	Number Tag	Timing
1 st	Clara Chua*	Individual	628	17.11
2 nd	Cheryl Tan Pei Xuan	Nanyang Girls High Sch	612	19.34
3 rd	Huang En Hui Claire Teresa	Trackstar Athletics	627	20.31
4 th	Elaveni Elangovan	Trackstar Athletics	625	20.44
5 th	Tan Zhi Xuan Delphis	Paya Lebar MGS	619	23.04
6 th	Ang Kay Lee	Northbrooks Secondary Sch	629	23.07
7 th	Gisele Tan	Bin Qi Ling	611	23.14
8 th	Tan Ke Ying Charis	Paya Lebar MGS	617	23.18
9 th	Neo Wei Judyth	Paya Lebar MGS	618	24.11
10 th	Goh Yi Xuan Eunice	Trackstar Athletics	624	24.14

***New championship record holder!**



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Men's Open – 8.6km

Championship Record Holder: Ang Xinyao Desmond, Wings Athletics Club, 32.52mins, 2018

Cougars' member Record Holder: Gilbert Dominic Saviour, 33.50.50, 2023

Position	Name	School/Club	Number Tag	Timing
1 st	Marc Ong	Tribal Triathlon Singapore	744	32.56.40
2 nd	Gilbert Dominic Saviour	Cougars Athletic Association	739	33.50.50
3 rd	Ang Xinyao Desmond	Trackstar Athletics	743	34.11.00
4 th	Jasper Chue Zhi Qiang	Cougars Athletic Association	741	41.49.21
5 th	Han Mao En	Cougars Athletic Association	745	48.04.97
6 th	Ahmad Nur Hakeem bin Ahmad Nazli	Cougars Athletic Association	740	48.33.02
7 th	Kuru Prakash s/o Mathialagan	Cougars Athletic Association	742	48.37.64

Women's Open – 8.6km

Championship Record Holder: Vanja Cnops, F1 Runners, 34.11mins, 2018

Cougars' member Record Holder: Ng Yew Cheo, 38.22mins, 2018

Position	Name	School/Club	Number Tag	Timing
1 st	Lee Ying Qi	Trackstar Athletics	815	38.11.93
2 nd	Ng Yew Cheo	Cougars Athletic Association	813	41.24.73
3 rd	Janet Ling	Individual	817	1:10.17