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Cougars Athletic Association

## Cougars Athletic Association

Be Brave, Fast and Strong like a Cougar

Founded 1999

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

### Cougars Cross Country 2025 19 July 2025, Saturday Passionwave, Bedok Reservoir Championship Records

#### U12 Boys – 1.6km

**\*Championship Record Holder (2025)**

**Previous Championship Record Holder (2024): Khoo Sean David Teng Jing,**

**Born2Tri Warriors, 5.58.5mins**

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Muhammad Ariq Muhammad Najib*	Cougars Athletic Association	127	5:34.78
2 <sup>nd</sup>	Muhammad Arif Muhammad Najib*	Cougars Athletic Association	126	5:35.38

*\*New championship record holder!*

#### Cougars' Member Record Holder (2025)

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Muhammad Ariq Muhammad Najib*	Cougars Athletic Association (member since Feb 2025)	127	5:34.78
2 <sup>nd</sup>	Muhammad Arif Muhammad Najib*	Cougars Athletic Association (member since Feb 2025)	126	5:35.38
3 <sup>rd</sup>	Daniel Ian Loh*	Cougars Athletic Association (member since 2023)	125	7:36.93

*\*New Cougars' championship record time!*

#### U12 Girls – 1.6km

**Championship Record Holder (2024)**

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Ayra Faizal	Unattached	213	5:59.3

#### Cougars' Member Record Holder (2025)

Position	Name	School/Club	Number Tag	Timing
2 <sup>nd</sup>	Low Jia Yan Paige*	Cougars Athletic Association	220	7:36.77

*\*New Cougars' championship record time!*

#### U14 Boys – 4.3km

**Championship Record Holder (2025)**

**Previous Championship Record Holder (2018): Tay Dian Jun Edward, Individual,**

**17.45.90mins**

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Furqan Alhadi bin Muhammad Fadley*	Northbrooks Secondary School	359	17:31.30

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### U14 Girls – 3.6km

#### *Championship Record Holder (2024)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Tan Mikaela	Lacticbuds	411	15.01.47

#### *Cougars' Member Record Holder (2023)*

Position	Name	School/Club	Number Tag	Timing
7 <sup>th</sup>	Abigail Wong Sze En	Cougars Athletic Association	468	19.23.37

### U20 Boys 4.3km

#### *Championship Record Holder (2024)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Siva Sanker	Lacticbuds	537	14.39.80

#### *Cougars' Member Record Holder (2025)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Muhammad Akid Muhammad Najib*	Cougars Athletic Association (member since July 2025)	563	15.36.78
2 <sup>nd</sup>	Ar Rizqi bin Abdul Rashid*	Cougars Athletic Association (member since Sept 2023)	544	16.11.79

*\*New Cougars' championship record time!*

### U20 Girls – 4.3km

#### *Championship Record Holder (2023)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Clara Chua	Individual	628	17.11

#### *Cougars' Member Record Holder (2025)*

Position	Name	School/Club	Number Tag	Timing
3 <sup>rd</sup>	Laura Xavier*	Cougars Athletic Association	674	22:16.83

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### Men's Open – 8.6km

***New Championship Record Holder (2025)***

***Previous Championship Record Holder (2018): Ang Xinyao Desmond, Wings Athletics Club, 32.52mins***

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Dylan Lim*	Unattached	776	31.44.94

*\*New championship record holder!*

### ***Cougars' Member Record Holder (2025)***

Position	Name	School/Club	Number Tag	Timing
2 <sup>nd</sup>	Martin Danial Lum*	Cougars Athletic Association	770	32.18.94

*\*New Cougars' championship record time!*

### Women's Open – 8.6km

***Championship Record Holder (2018)***

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Vanja Cnops	F1 Runners	800	34.11

### ***Cougars' Member Record Holder: (2018)***

Position	Name	School/Club	Number Tag	Timing
3 <sup>rd</sup>	Ng Yew Cheo	Cougars Athletic Association	809	38.22