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Cougars Athletic Association

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Be Brave, Fast and Strong like a Cougar

Founded 1999

Website: www.cougarsaa.com

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Cougars Cross Country 2025 19 July 2025, Saturday Passionwave, Bedok Reservoir Results

U12 Boys – 1.6km

New Championship Record Holder (2025): Muhammad Ariq Muhammad Najib, Cougars Athletic Association, 5.34.78mins & Muhammad Arif Muhammad Najib, Cougars Athletic Association 5.35.38mins

**New championship record holder*

Previous Championship Record Holder (2024): Khoo Sean David Teng Jing, Born2Tri Warriors, 5.58.5mins

***New Cougars' Member Record Holder (2025): Daniel Ian Loh, 7.36.93mins*

Position	Name	School/Club	Number Tag	Timing
1 st	Muhammad Ariq Muhammad Najib *	Cougars Athletic Association	127	05:34.78
2 nd	Muhammad Arif Muhammad Najib*	Cougars Athletic Association	126	05:35.38
3 rd	Daniel Ian Loh**	Cougars Athletic Association	125	07:36.93
-	Khoo Sean David Teng Jin	Born2Tri Warriors	124	DNS

U12 Girls – 1.6km

Championship Record Holder (2024): Ayra Faizal, Unattached, 5.59.3mins

***New Cougars' Member Record Holder (2025): Low Jia Yan Paige, 7.36.77mins*

Position	Name	School/Club	Number Tag	Timing
1 st	Ayra Faizal	Unattached	221	06:02.55
2 nd	Fiona Li Yu Qing	Born2Tri Warriors	218	06:23.74
3 rd	Shelyn Jia Xin	Born2Tri Warriors	219	06:26.90
4 th	Low Jia Yan Paige**	Cougars Athletic Association	220	07:36.77



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U14 Boys – 4.3km

***New Championship Record Holder (2025): Furqan Alhadi bin Muhammad Fadley,
Northbrooks Secondary School, 2025, 17.31.30mins***

****New Championship Record Holder***

Previous Championship Record Holder: Tay Dian Jun Edward, Individual, 17.45.90mins

Position	Name	School/Club	Number Tag	Timing
1 st	FURQAN ALHADI BIN MUHAMMAD FADLEY*	NORTHBROOKS SECONDARY SCHOOL	359	17:31.30
2 nd	Clarence Kai Zheng	Born2Tri Warriors	362	17:48.79
3 rd	Ng Asher Xin Hao	Gan Eng Seng School	349	17:48.86
4 th	Lukas Wai Zi Weng	Gan Eng Seng School	353	18:06.80
5 th	Jacob Gao	MSA	344	18:07.96
6 th	Caleb Ling	Gan Eng Seng School	345	19:03.51
7 th	Maxime Agostini-Lai	Gan Eng Seng School	352	19:21.94
8 th	LEE EE LOK ERNEST	NORTHBROOKS SECONDARY SCHOOL	361	19:35.74
9 th	Tristan Choo	Gan Eng Seng School	356	19:53.94
10 th	Ernest Seah Jia Yi	Gan Eng Seng School	348	20:19.94
11 th	Benedict Qin Long	Gan Eng Seng School	338	20:48.69
12 th	Aaron Zheng Yuan	Gan Eng Seng School	334	20:53.91
13 th	Bi Haoran	Gan Eng Seng School	335	23:12.79
14 th	Skylr Tay Jun Han	Gan Eng Seng School	351	23:17.74
15 th	BONG KIAN NING	NORTHBROOKS SECONDARY SCHOOL	357	23:26.32
16 th	Knight Tan Le Hao	Gan Eng Seng School	350	23:26.53
17 th	Alex Alexander Irwin	Gan Eng Seng School	347	25:43.66
18 th	Xavier Tan Ye Xun	Gan Eng Seng School	360	26:20.38
19 th	Lee Zun Meng	Gan Eng Seng School	358	29:03.90



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U14 Girls – 3.6km

Championship Record Holder (2024): Tan Mikaela, Lacticbuds, 15.01.47mins

Cougars' Member Record Holder (2023): Abigail Wong, 19.23.37mins

Position	Name	School/Club	Number Tag	Timing
1 st	Caylyn Husistein	Gan Eng Seng School	430	18:51.90
2 nd	Lim Xuan Ying	Gan Eng Seng School	428	18:52.89
3 rd	Aurelia Lee Yong En	Gan Eng Seng School	432	19:04.77
4 th	Remi Yoshimura	Gan Eng Seng School	429	19:39.90
5 th	HO XIN YAN JEAN	Cougars Athletic Association	433	19:49.53
6 th	ANDREA MAE LOH	Cougars Athletic Association	425	19:51.82
7 th	Ong Raina Si Ya	Gan Eng Seng School	431	19:54.52
8 th	Foo Fang Jia	Gan Eng Seng School	426	23:57.80
9 th	Keysha Meibao	Gan Eng Seng School	427	23:57.86
10 th	JIA WEN, JOANNE	NORTHBROOKS SECONDARY SCHOOL	434	24:54.85
11 th	SHI RONG, JODIE	NORTHBROOKS SECONDARY SCHOOL	437	31:27.57
12 th	CHARLOTTE XUAN RUI	NORTHBROOKS SECONDARY SCHOOL	436	31:31.56
-	WANG JASLYN PEIHAN	NORTHBROOKS SECONDARY SCHOOL	435	DNS



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U20 Boys 4.3km

Championship Record Holder (2024): Siva Sanker, Lacticbuds, 14.39.80mins

****New Cougars' Member Record Holders (2025): Muhammad Akid Muhammad Najib, 15.36.78mins (member since July 2025); Ar Rizqi Abdul Rashid, 16.11.79 (member since September 2023)**

Position	Name	School/Club	Number Tag	Timing
1 st	Muhammad Akid Muhammad Najib**	Cougars Athletic Association	563	15:36.78
2 nd	AR RIZQI BIN ABDUL RASHID**	Cougars Athletic Association	544	16:11.79
3 rd	Aayden Teo	TP Mi Goreng	564	17:23.02
4 th	Danish Hakim	Unattached	546	17:32.96
5 th	Ethan Yap Ren Jie	Gan Eng Seng School	554	17:39.83
6 th	SHAN TITAI	CJC	551	18:30.45
7 th	Ethan Wang Jieyao	Gan Eng Seng School	556	18:33.47
8 th	Owen Puah	Unattached	562	18:35.55
9 th	JAYDEN YIM	Cougars Athletic Association	545	18:52.41
10 th	Kuah ZhiLe	TP Mi Goreng	567	19:10.79
11 th	RAITO CHRISTIAN	CJC	548	19:13.87
12 th	JOEL GAN	CJC	547	19:30.85
13 th	ETHAN PHUA	CJC	550	19:37.38
14 th	LIM ZHI YIN	CJC	549	20:05.17
15 th	Isaac Yu Tian Ci	Gan Eng Seng School	555	20:13.91
16 th	Jedric Baltazar	TP Mi Goreng	565	20:35.57
17 th	LOW KANG RUI	NORTHBROOKS SECONDARY SCHOOL	561	20:37.93
18 th	Javier Lee Yong Yi	Gan Eng Seng School	557	20:47.56
19 th	SAHNI PUNYYAAH	CJC	552	21:01.46
20 th	Ryan Quek	TP Mi Goreng	566	21:12.40
21 st	Cayden Tan	Unattached	553	26:36.76
22 nd	KAIBIN YOU	NORTHBROOKS SECONDARY SCHOOL	560	28:33.72
-	Zander Lee Zi Xian	Gan Eng Seng School	558	DNS
-	MUHAMMAD RAHIL DORIA BIN MUHAMMAD SHAHIR	NORTHBROOKS SECONDARY SCHOOL	559	DNS



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U20 Girls – 4.3km

Combined Championship Record Holders (2023, 2024): Clara Chua, Individual, 17.11mins; Ng Tabitha, Lacticbuds, 17.11.16mins

Position	Name	School/Club	Number Tag	Timing
1 st	JOANNA CRAWLEY	CJC	678	19:37.87
2 nd	Valerie Lin Zhixi	Born2Tri Warriors	672	21:56.64
3 rd	LAURA XAIVER	Cougars Athletic Association	674	22:16.83
4 th	Yeo Zi Ning	Gan Eng Seng School	681	22:50.59
5 th	TAN SHU EN, GRACE	NORTHBROOKS SECONDARY SCHOOL	685	23:55.96
6 th	Lim Yi Xuan	Gan Eng Seng School	680	23:58.25
7 th	Choo Zhi Lin	Gan Eng Seng School	679	24:15.81
8 th	Leong Cherish Ci En	Gan Eng Seng School	682	26:58.94
9 th	YUKA KOH	Cougars Athletic Association	684	27:21.86
10 th	RAXANE NG	Cougars Athletic Association	675	28:38.53
11 th	HARSHITAA GOPAL	Cougars Athletic Association	683	29:37.34
12 th	CINDY TAN	CJC	677	33:50.71
13 th	LEE KAI ROU	CJC	676	34:01.89
14 th	ANNABELLE YAP ZI YI	NORTHBROOKS SECONDARY SCHOOL	686	34:29.88



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Men's Open – 8.6km

***New Championship Record Holder (2025): Dylan Lim, Unattached, 31.44.94mins**

****New Cougars' Member Record Holders (2025): Martin Danial Lum, 32.18.94mins**

Position	Name	School/Club	Number Tag	Timing
1 st	Dylan Lim*	Unattached	776	31:44.94
2 nd	MARTIN DANIAL LUM**	Cougars Athletic Association	770	32:18.94
3 rd	GILBERT DOMINIC SAVIOUR	Cougars Athletic Association	768	32:26.91
4 th	Lee Hengyi	Unattached	778	35:25.38
5 th	Bryan ong	Unattached	777	35:32.85
6 th	CHUE ZHI QIANG JASPER	Cougars Athletic Association	769	37:05.50
7 th	ANIQ ZIKRY BIN MOHD EDRIE	Cougars Athletic Association	772	41:22.93
8 th	AHMAD NUR HAKEEM BIN AHMAD NAZLI	Cougars Athletic Association	771	45:04.79
9 th	FIQRY MAYTN BIN FAIZAL	Cougars Athletic Association	774	50:21.73
10 th	TANG KIAN YANG	Cougars Athletic Association	773	51:50.61
-	MATTHEW ONG	Cougars Athletic Association	775	DNS

Women's Open – 8.6km

Championship Record Holder (2018): Vanja Cnops, F1 Runners, 34.11mins

Position	Name	School/Club	Number Tag	Timing
1 st	NG YEW CHEO	Cougars Athletic Association	822	41:23.68
2 nd	BEAVERLY LOH	Cougars Athletic Association	823	52:15.71
3 rd	ANG MIN EN	NORTHBROOKS SECONDARY SCHOOL	824	52:54.95
4 th	CHAN MIN ER CECILIA	NORTHBROOKS SECONDARY SCHOOL	826	63:40.80
5 th	GERLYN NG ZI XIN	NORTHBROOKS SECONDARY SCHOOL	825	71:09.77